

BESC TIME TRIALS 2016-2017

Learners: Each time trial night will include 25m events in all strokes for learners.

Swimmers: Choose to swim up to a **Maximum of 4 events per night**
Swims should be based on age appropriate events & direction from your coach
Points will be allocated if a PB is achieved in an event (based on previous Club Time Trial times)
Maximum of 4 PB's will be counted (4 points) per night
Swimmers cannot swim 50m & 100m of same stroke in one night.

Awards The three Male and Female swimmers with the most points gained in the Club Time Trials and who have swum 5 or more scheduled Club Time Trials will receive an award at Presentation Night.

Starting Time: **WEDNESDAY NIGHT AT 5.45p.m. (Warm up from 5.15pm)**

Month	Date	Events
October 2016	8th	Saturday 8am warm up: 1500 / 800 / 400 Records Morning
	12th	200 choice / 25m all strokes / 100free / 50 free / 50back / 100breast / 50breast / 50fly
	19th	200 choice / 25m all strokes / 100fly / 50fly / 50breast / 100back / 50back / 50free
	26th	200 choice / 25m all strokes / 100free / 50 free / 50back / 100breast / 50breast / 50fly
November 2016	2nd	200 choice / 25m all strokes / 100fly / 50fly / 50breast / 100back / 50back / 50free
5 th 7-10 Encouragements	9th	200 choice / 25m all strokes / 100free / 50 free / 50back / 100breast / 50breast / 50fly
	13th	<i>Bendigo East Annual Swim Meet – All members are expected to enter</i>
	16th	200 choice / 25m all strokes / 100fly / 50fly / 50breast / 100back / 50back / 50free
	23rd	200 choice / 25m all strokes / 100free / 50 free / 50back / 100breast / 50breast / 50fly
	30th	200 choice / 25m all strokes / 100fly / 50fly / 50breast / 100back / 50back / 50free
December 2016	7th	NO TIME TRIALS – Preparation for State Age Championships
10-15 Vic Age	14th	NO TIME TRIALS – Preparation for State Age Championships
	21st	NO TIME TRIALS
	28th	Record Night 50m to 400m (swimmers must be close to a record)
January 2017	4th	200 choice / 25m all strokes / 100free / 50 free / 50back / 100breast / 50breast / 50fly
20-22 Vic Open	11th	NO TIME TRIALS – Preparation for Country Championships
27-29 Countries	18th	NO TIME TRIALS – Preparation for Vic Open Championships
	25th	200 choice / 25m all strokes / 100fly / 50fly / 50breast / 100back / 50back / 50free
February 2017	1st	25m all strokes / 50m all strokes (State Sprint preparation)
11-12 State Sprints	8th	25m all strokes / Heats of Club Classics - *Graham, *Hogan & Club Pairs
	15th	25m all strokes / Heat of Club Pairs/Final of *Graham, *Hogan & *Graded Scratch Championships 11 & Under 50 back & 50 fly. 12 & Over 100 breast & 100 free
	22nd	25m all strokes / Heats of Club Pairs (if needed) & *Graded Scratch Championships 11 & Under 50 breast & 50 free 12 & Over 100 fly & 100 back
March 2017	1st	25m all strokes / Final of Club Pairs/*Club Championships 200 I.M. All age group
	8th	200 Choice / 25m all strokes / 50m all strokes (All Juniors Final preparation)
	15th	200 Choice / 25m all strokes / 50m all strokes (All Juniors Final preparation)
25-26 All Jnr Finals		Club Presentation Night (TBA)

CLUB CHAMPIONSHIPS

*In order to be eligible to compete in the Club Championships, Graham, Hogan and Graded Scratch Championships, members must swim in a minimum of **five (5)** scheduled Club Time Trials.